

John Norman Frangoulis

February 3, 1950 - November 21, 2023

John Norman Frangoulis passed away on Tuesday, November 21, 2023, in Troy, Missouri at the age of 73. He was born in St. Louis, Missouri on February 3, 1950, to Norman J. and Ruby (Poulos)

John was an educator, athletic coach, mentor, and friend to students and colleagues for over 51 years. His career spanned from the high school to the major college level.

He spent the last 16 years of his life and career at Troy Buchanan High School, in Lincoln County, Missouri where he leaves behind a strong legacy of love, friendship, and caring for students and colleagues alike.

John also notably coached football at Baker University for 11 years, 8 years as their head coach, and 2 years as an assistant coach at the University of Missouri.

John graduated from Parkway Central High School where he played both football and baseball. He graduated from Southeast Missouri State University where he received a bachelor's degree and played baseball. He also earned a master's degree from Northwest Missouri State University where he served as a graduate assistant football coach.

He is survived by his siblings, Pat (Pete) Kallaos of Creve Coeur, MO, Barbara (Bill) Bear of Columbia, SC, and Paul (Gail) Frangoulis of Snellville, Georgia along with many nieces, nephews, and godchildren. He was preceded in death by his parents.

Family and friends will be gathering from 12:30 p.m. to 2:00 p.m. on Saturday, December 9, 2023 at the Troy Buchanan High School Cafeteria, located at 1190 Old Cap Au Gris Road Troy, MO 63379.

A Celebration of Life will be held at 2:00 p.m. on Saturday, December 9, 2023, at the Troy Buchanan High School Football Field, located at 1190 Old Cap Au Gris Road Troy, MO 63379.

In lieu of flowers, the family suggest donations to the Troy Buchanan High School Football, Track Programs or St. Jude Children's Research Hospital in care of Kemper-Keim Family Funeral Chapel P.O. Box 222 Troy, MO 63379.

Arrangements are under the direction of Kemper-Keim Family Funeral Chapel; 351 Monroe Street, Troy, Missouri 63379. Online condolences may be made at www.kemperkeimfamilyfuneralchapel.com Phone 636-528-8221

Previous Events

Social Gathering

DEC 9. 12:30 PM - 2:00 PM (CT)

Troy Buchanan High School
1190 Old Cap Au Gris Road
Troy, MO 63379

Celebration of Life

DEC 9. 2:00 PM (CT)

Troy Buchanan High School
1190 Old Cap Au Gris Road
Troy, MO 63379

Tribute Wall



“ *Blue Caribbean Bouquet was purchased for the family of John Norman Frangoulis.*



December 08, 2023 at 11:49 AM



“ *Cheryl Ingle planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of John Norman Frangoulis.*

Cheryl Ingle - December 08, 2023 at 11:49 AM



“ *Coach was truly one of a kind. I met John when he and I were assistant football coaches for my father Charlie. He always had a story about the Juco coaching days, or previous football experiences. He was one of the funniest men I have ever been around.*

He truly helped to shape me as a coach. His incredible work ethic, building relationships with his players, his ability to simplify defensive schemes and let the players play were just a few of his many talents. These were all trademarks of Goulie. When my father passed away, he was a light of guidance that I needed.

I am blessed to have coached with John, to have gotten to know the man, and to have called him friend.

On behalf of my mother, Nancy, my sister Amy, and the Richard family, Godspeed Coach, you were a great one.

Pat Richard - December 05, 2023 at 03:33 PM

DB

Well said Coach Pat Richard! He touched so many lives over the years. I will miss him so much.

Don Boulware - December 07, 2023 at 02:10 PM

MG

I often come back to this page to remember the great times and the incredible opportunities he gave me. As both a former player and an assistant coach under him, I cannot thank Coach Frangoulis enough for the belief he had in me. Like Charlie Richards, he was one of the greatest coaches of all time.

Coach "Goulie" shared with me some of the best coaching principles I still use today. His influence shaped the way I lead, teach, and carry myself. I miss him deeply and often wish I could still call on him for advice.

Love and miss you, Coach.

Rest in peace.

— Coach Marlon R. Graves '93-'94 / Coach '95, '96

MARLON R. GRAVES - April 13 at 10:18 PM

LR

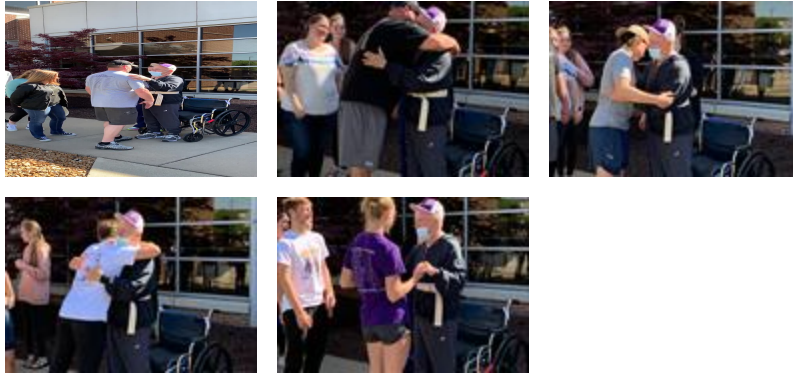
“ 9 files added to the album *Celebrating John's Life*



Laura Robinson - December 04, 2023 at 05:04 PM

LR

“ 21 files added to the album John's Hospital Car Parade



Laura Robinson - December 04, 2023 at 04:46 PM

GK

“ Enjoyed working with Franny. He was good for the kids. Georganna Krumlinde

Georganna Krumlinde - December 02, 2023 at 03:20 PM

JB

“ I will miss seeing coach on the sidelines and around the rings. Great man!

john brune - December 01, 2023 at 09:55 PM

LR

“ He wasn't my coach, but he was my driving instructor. He helped me with things on driving I'd think I'd never use and have used them. Have memories of things that have happened with other students driving and jokes we'd make. He will be missed.

Logan R. - November 30, 2023 at 06:21 PM

PR

“ *Fun times with Coach at Northwest Missouri State University. What a great friend and blessed to be a part of his life journey. Paul and Myrna Read*

Paul Read - November 30, 2023 at 04:17 PM

RL

“ *My life wouldn't be how it is today without Coach Frangoulis. He made a lasting impact both on my personal and professional life.*

Personally, he told my now husband (Seth Langford, Baker University Class of 2001) that I was on campus in the summer of 1998 and he should come hang out with me and my friends. The rest was history. I'll never forget at our wedding in 2001 when Coach and our aisle runner almost had an altercation. But, Coaches' athletic agility prevailed!

Professionally, my working relationship with football coaches started with him back in 1995 when I was a student athletic trainer at Baker. I never knew that helping him with his computer/email and eating in the cafeteria with his staff would be something that I would still be doing in 2023 with my current staff in Texas. I will also forever be grateful that he allowed me to continue traveling with the team (after I had graduated) to watch my then boyfriend play. The only stipulation...I had to sit by Coach on the bus, which I gladly did!

Thank you Coach Frangoulis. You will forever be in my thoughts and heart. RIP.

Rachel (Huhn) Langford, Baker University class of 1999

Rachel Langford - November 30, 2023 at 10:01 AM